

World Para Powerlifting Rules and Regulations 2018 – 2021: Version 3
2018-2021年世界帕拉健力運動規則: 修訂第3版

World Para Powerlifting (WPPO) wishes to inform you of amendments to the WPPO Technical Rules and Regulations 2018 – 2021 (February 2019). These amendments will be published in the World Para Powerlifting Technical Rules and Regulations 2018 – 2021, Version 3 (February 2019) and will take effect from 28 February 2019.

世界帕拉健力(WPPO)希望通知您有關2018-2021年世界帕拉健力技術規則的修訂內容，這些修訂的內容將會於2019年2月出版的技術規則完成並於2019年2月28日生效。

The amendments relate to the competition rules. They have been made in accordance with Rule 2.5.2 based on feedback from WPPO Technical Officials, the WPPO Sport Technical Committee and the WPPO management team following the implementation of the WPPO Technical Rules and Regulations 2018 – 2021 (September 2018) where it was identified that further clarifying amendments were required.

這些與競賽規則相關的修訂是依照世界帕拉健力技術官員依據規則第2.5.2條所回饋的資訊來進行修正。世界帕拉健力運動技術委員會與世界帕拉健力運動管理團隊將會依照2018-2021年世界帕拉健力技術規則(2018年9月版)後所修訂的內容來執行比賽，並定義與澄清任何必要修訂內容的細節。

An overview of the amendments is provided below. Minor amendments, such as re-numbering/formatting, grammar/spelling amendments are not highlighted. 所有修訂的內容總覽呈現如下，細微修訂如重新編號/格式、文法/拼字等修訂將不會在下面資訊中呈現。

Status 狀態	Original Rule Number 原編號	Comments 評論/備註
Amendment 修訂	10.4	Additional Technical Official roles added to be solely responsible for the kit check or weigh in process, in order to assist with enhancing the efficiency of competition scheduling. 增加額外的技術官員單獨全權負責比賽賽前裝備檢查或選手過磅過程，以幫助提高比賽日程的效率。
Amendment 修訂	11.3	Details added to explain the competition entry process for the Team Event and Mixed Team Event. 增加團體項目與混合團體項目比賽報名過程的細節內容
Amendment 修訂	12.4.10	Detail was added to the process for when an athlete is seen to be wearing/using clothing and equipment during the competition that was not presented and approved during the kit check. 增加運動員要在比賽期間著/使用未在賽前裝備假查中提出與批准的衣服/裝備的細節
Amendment 修訂	12.6.2	Two (2) Warm Up passes will now be distributed to each competing team during the Technical meeting that will be valid for the duration of the competition.

	12.6.2	每個參加團體比賽的隊伍將在技術會議中獲發兩張比賽期間有效的熱身場地通行證
Amendment 修訂	12.7	Amendments were made to this rule to confirm the protocols that will be followed for athlete presentation at each level of competition. 修訂確認運動員在每個量級出賽的儀節
Amendment 修訂	12.8	Amendments were made to this rule to confirm the protocols that will be followed for Technical Officials presentation at each level of competition. 修訂確認技術官員在每個量級出賽的儀節
Amendment 修訂	15.1.2.7	Clarification added that the maximum spacing of athletes hands on the bar (81 cm) is measured using the markings on the bar. 補充澄清說運動員雙手在桿上的最大間距（81厘米）是使用桿上的標記來測量的。
Amendment 修訂	16	Further details were added to explain the Mixed Team Competition. 增加混合團體賽項目的進一步細節

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Status	Original Rule Number	Comments
Amendment	16.2.1.3	Clarified from what time the coach/athlete can make a change to their starting weight for round one (1).
Amendment	16.2.3	Clarified when the two (2) available weight changes in round three (3) can be requested and under what circumstances the change whether higher or lower will or will not be accepted.
Amendment	16.5.11.3	Outlined that during a senior world record attempt the three (3) referees on the FOP must be international level referees.